

Baby Talk

What you need

- Nothing but you!

What to do

- Talk to your baby often.
- Answer her coo's. Repeat her ga ga's
- Say "Are you ready for some more milk? Here is your milk. Is it good?"
- Say or read nursery rhymes to your baby.
"Hickory Dickory Doc. The mouse ran up the clock!
The clock rang 12. The mouse ran down.
Hickory Dickory Doc!"
- Play talking and touching games. Say, "Where is your nose?"
Then touch your baby's nose.

Why is this important?

- Baby talk helps babies learn how to talk. Babies listen to everything we say. Babies watch the looks on our faces and our movements. Talking, singing and smiling helps your baby learn.

For More Information



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I Want To Learn!



Parent-Child activities
to help your child grow!

For Ages 0-1

Information Provided by: U.S. Board of Education

Touch and See

What you need

- A wooden spoon with a face drawn on it
- Different cloths (velvet, cotton, corduroy, satin, fur)
- An empty toilet paper roll or paper towel roll
- Pots, pans and lids
- An old purse or bag to put things in and take things out of
- Noise makers (rattles, keys, a can filled with beans)
- Measuring cups and spoons



What to do

- Let your baby look at, touch and listen to many objects.
- Objects that have bright colors, and make noise are good to use.
- Put one or two objects in a play area. Let your baby play!
- Do not give your baby too many things to play with at one time.

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Dance to the Music

What you need

- Music



What to do

- Sing and cuddle with your baby. Hold him lying face up on your lap. Sing songs or a lullaby to him. Make sure to hold his head well.
- Have a bedtime ritual. Pick one or two songs to sing to your baby every night before bed.
- Sing an action song. Sing
"If your happy and you know it, clap your hands!
If your happy and you know it, clap your hands!
If your happy and you know it, and you really want
the world to know it,
If your happy and you know it, clap your hands!"
- Dance with your baby.
 - 1) When she is upset. Put your baby's head on your shoulder. Hum softly or listen to recorded music as you glide around the room.
 - 2) When she is happy. Dance to a happy tune! Be sure to support her head.

Why is this important?

- Babies need lots of love and warmth from their parent or care giver. This close connection helps babies develop trust.